
Awareness Regarding Work Simplification among Working and Non-Working Home Maker: A Comparative Study

NABAT ARFI¹

SHALINI AGARWAL

Department of Human Development and Family Studies
School for Home Science
Babasaheb Bhimrao Ambedkar University, Lucknow
India

Abstract:

A knowledgeable and skillful home maker saves more time and effort in doing a task. Work simplification is a technique of accomplishing task by using least amount of time & energy management. The simplification of work is the way of finding the simplest, the quickest as well as the easiest methods in doing things. The study aimed to know the awareness regarding work simplification among working and non-working home maker. It was carried out on sample of 120 Home makers (60 working Home maker and 60 Non-working Home maker) of Lucknow city, Uttar Pradesh who were administered by self constructed questionnaire based on awareness of work simplification among home makers. The purposive random sampling technique was used to collect the data. The study revealed that awareness regarding work simplification among working Home makers is more than Non-working Home makers.

Key words: Awareness, Work simplification, Home making, Management.

¹ Corresponding author: nabat.arfi@gmail.com.

I. Introduction

Work can be defined as an activity that leads to productivity and can be described in many forms such as application of efforts to a purpose use of energy, task to be undertaken or results of action. Work simplification may be defined as accomplishing more work with a given amount of time and energy, or reducing the amount of energy or both to accomplish a given amount of work. Work simplification is a managerial tool for improving an individual performance and is an organized use of common sense to eliminate waste of different resources.

A home maker may wish to free work time for other activities or simply to fit work time available to required work. She may on the other hand have a liberal supply of time, but need to conserve her energy. A homemaker that is knowledgeable and skillful can save more time and effort in doing the task.

II. Methodology

Aims and Objectives- The aim and objective of the study is to know the awareness regarding work simplification among working and non-working home maker.

Research design- A research design is the specification of methods and procedure for acquiring the information needed. The research design for the present study was cross-sectional research design. Cross-sectional method was used because this method is extensive and can be used to collect data from a large sample at a particular point of time.

Sampling Design- The sample for the present study consisted of 120 respondents (60 Working Home makers & 60 Non-working Home makers). The purposive random sampling technique used to select the sample from the selected area.

Methods of Data Collection- A self constructed questionnaire

was given to the subjects for their response.

Data Analysis- For the analysis of data the following steps were followed:

(A) Coding- A coding plan was developed in which code numbers were given to every question and its responses and then tabulated on the coding sheet.

(B) Tabulation- The coded data was transferred from the coding sheet to comprehensive tables to give a clear picture of the findings.

(C) Statistical Analysis- The descriptive statistic applied was frequency and percentage distribution.

III. Results & Discussion

Table.1: To study the awareness of respondents regarding work simplification, a questionnaire (YES & NO) was developed to get the response of the respondents.

S.No.	STATEMENTS	WORKING HOME MAKER (N=60)		NON-WORKING HOME MAKER (N=60)	
		YES	NO	YES	NO
		F (%)	F (%)	F (%)	F (%)
1	Work simplification is a managerial tool for improving an individual performance.	51 (85)	9(15)	39(65)	11(18.3)
2	Work simplification is an organized use of common sense to eliminate waste of different resources.	60(100)	0(0)	29(48.3)	31(51.6)
3	Work simplification may be defined as accomplishing more work with a given amount of time and energy.	35(58.3)	25(41.6)	17(28.3)	43(71.6)
4	Resources are committed to best possible use with the help of work simplification.	56(93.3)	4(6.6)	30(50)	30(50)
5	Work simplification can also be defined as a process of behavior modification.	36(60)	24(40)	18(30)	42(70)

Nabat Arfi, Shalini Agarwal- *Awareness Regarding Work Simplification among Working and Non-Working Home Maker: A Comparative Study*

6	The simplification of work is the way of finding the simplest, the quickest as well as the easiest methods in doing things.	58(96.6)	2(3.3)	50(83.3)	10(16.6)
7	Work simplification motivates the worker to do more.	38(63.3)	22(36.6)	16(26.6)	44(73.3)
8	Controlling of budget & reduction in cost is the major success of work simplification.	55(91.6)	5(8.3)	28(46.6)	32(53.3)
9	Work simplification enhances time & energy management.	53(88.3)	7(11.6)	48(80)	12(20)
10	Work simplification reduces physical as well as psychological stress.	60(100)	0(0)	56(93.3)	4(6.6)
11	Work simplification saves more of your time than energy.	54(90)	6(10)	51(85)	9(15)
12	Proper lightning & ventilation in the kitchen helps in simplifying work.	60(100)	0(0)	57(95)	3(5)
13	Work simplification reduces the chances of injury & re-injury.	32(53.3)	28(46.6)	21(35)	39(65)
14	Work simplification reduces frustration and fatigue.	55 (91.6)	5(8.3)	30(50)	30(50)
15	Peak load time of the home maker can be reduced by work simplification.	48(80)	12(20)	30(50)	30(50)
16	Work simplification gives a feeling of flexibility & spaciousness.	50(83.3)	10(16.6)	37(61.6)	23(38.3)
17	Knowledge about work, worker & work place is important for effective work simplification.	53(88.3)	7(11.6)	36(60)	24(40)
18	Work simplification is very effective in improving flow of work.	56(93.3)	4(6.6)	35(58.3)	25(41.6)
19	Work organization leads to work simplification.	54(90)	6(10)	40(66.6)	20(33.3)
20	Steps of management process contribute a lot in work simplification.	57(95)	3(5)	42(70)	18(30)

Majority of respondents (100%) who are working said that work simplification is an organized use of common sense to eliminate waste of different resources whereas about half of the respondents (51.6%) who are non-working do not agree with the above statement.

Majority of working Home maker (91.6%) said that controlling of budget & reduction in cost is the major success of work simplification whereas more than half of the non-working Home makers (53.3%) said no to the statement.

Majority of respondents (91.6%) who are working said that work simplification reduces frustration and fatigue whereas half of the respondents (50%) who are non-working do not agree with the above statement.

IV. Conclusion

The above table reveals that the awareness regarding work simplification among working Home maker is more as compared to Non-working Home maker because of the reason that the working Home maker don't get much free time to relax or to do other activities as they have to do their work outside home also, that is why they try to simplify their work as much as possible and are aware of different ways of work simplification.

BIBLIOGRAPHY:

Kitaw, D. and Belachew, T. 2007. "Work simplification for productivity improvement (A case study: katili metal products factory)" *Journal of EEA* 24:43-57.

Steidl, R.E & Bratton, E.C. 1966. *Work in the Home*. New York: John Wiley & Sons, Inc.

"Work simplification and family resource management."
<http://www.familyresourcemanagement.org/services/work-simplification/>. Accessed on February 2014.

Work simplification.
<http://healthymeals.nal.usda.gov/hsmrs/Personal%20Skills%20Trainer%20Manual/Work%20Simplification%20Master%20File.pdf>. Accessed on February 2014.

The Work Simplification in the Preparation of Foods.
file:///C:/Users/nabat/Desktop/The%20Work%20Simplification%20in%20the%20Preparation%20of%20Foods.htm.
Accessed on February 2014.