
Challenges of Lifelong Learners: A Case of Don Honorio Ventura Technological State University Sto. Tomas Campus Experiences

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Abstract:

This is a qualitative study that employed grounded theory that aimed to determine how the participants pursue their dream for a college despite the challenges of being a lifelong learner. This research was conducted in Don Honorio Ventura Technological State University Sto. Tomas Extension Campus. Seven students from BSBA and five from BEED were interviewed. Data were transcribed and content analyzed. Findings showed that from the multiple obligations they faced, their education was their top priority. They were willing to sacrifice their family and work for their schooling. They believed that giving-up their work and lacking time for their family were just temporary, for after finishing their degree, all the sacrifices they made will be all worthy. David (2017) in order to achieve his main purpose and goal in his life education is the most powerful weapon. Through education man can overcome the foolishness and stupidity of the world. As a human being with great power of learning it helps man to

explore his worth, abilities and capabilities in order to become successful. Every one of us will be able to discover our strengths and weaknesses through knowledge because as they say, knowledge is power.

Key words: Challenges, Lifelong Learners, Learning, Don Honorio Ventura Technological State University

I. INTRODUCTION

Education plays a vital role in one's life. It gives us the sense of secured future, a happy life when we engage ourselves in the right education. Though taking the right education is very hard and challenging, every one of us still hoped for it because it is the way people gain knowledge of the world around them and changes it into something better. It develops in us a perspective of looking at life. It helps us build opinions and have point of views on things in life.

At the moment, people divide their lives into three stages: education, working life and retirement. However, in today's competitive job market there is a need for people to undertake continual education throughout their careers and hence these stages are becoming more integrated and overlapping. The idea of continual learning is particularly important as many people will not pick the right job the first time around.

One of the main reasons continual education is becoming so important is the increased life expectancy, and therefore increased retirement age of workers. While many older people grew up believing that the knowledge they gained at school or college and being a good, loyal worker would guarantee them employment, these days most young people are aware that they will need a high level of education to secure a good job in the

current time. Having said this, while young people are generally more educated, as an increasing amount of people go to university, there is still a mind-set whereby education is a means to an end and people are only interested in learning to pass their exams, as opposed to learning and developing new skills. However, due to the changing attitude of employers, in order to be a competitive job applicant, it is important for everyone to be open to learning new ideas and realize that education should not stop when they graduate.

There are some cases nowadays that due to some struggles in life after finishing the compulsory education some tend to stop just right there and look for a job to sustain their needs. After realizing the competencies in their workplace they will now continue their schooling in colleges or universities. They are now what we call the lifelong learners.

Harris (2005) stated that, Lifelong learning is an idea which builds on our current education system's failures, and encourages people to be inquisitive and open-minded regardless of their age. Once our compulsory education has finished, it is up to us to take education and opportunities into our own hands.

In this study the researchers identified the challenges that lifelong learners of Don Honorio Ventura Technological State University Sto. Tomas Extension Campus and how they will overcome all of those struggles just to gain the quality education that life has to offer them.

Drucker, quoted in Repak (2007), many times our highest priorities are not reflected in our daily activities due to limited resource of time prevalent. Roe, Rutte.et.al (2007), to enhance time management skills, time management training is important but it does involuntarily lead to better performance. There is a distinct difference between graduate students and undergraduates regarding the stresses they face. The need for time management and proper planning is necessary to avoid

distress in workloads, academic pressures, financial obligations and family, (Patton, 2012).

David (2017) in order to achieve his main purpose and goal in his life education is the most powerful weapon. Through education man can overcome the foolishness and stupidity of the world. As a human being with great power of learning it helps man to explore his worth, abilities and capabilities in order to become successful. Everyone of us will be able to discover our strengths and weaknesses through knowledge because as they say, knowledge is power. One of the main reasons continual education is becoming so important is the increased life expectancy, and therefore increased retirement age of workers. While many older people grew up believing that the knowledge they gained at school or college and being a good, loyal worker would guarantee them employment, these days most young people are aware that they will need a high level of education to secure a good job in the current climate,. Having said this, while young people are generally more educated, as an increasing amount of people go to university, there is still a mind-set whereby education is a means to an end and people are only interested in learning to pass their exams, as opposed to learning and developing new skills. However, due to the changing attitude of employers, in order to be a competitive job applicant, it is important for everyone to be open to learning new ideas and realize that education should not stop when they graduate.

Perez (2012), "a very challenging feature of the global economy is the rise of precarious employment". Loosing job affect economic cost further loss of pay, because even if new job is found quickly changing jobs disrupts the process of human collection, capability making worthless of the knowledge and skills specific to the loss job. Finally job change disrupts other parts of the individuals' life. Losing one's job or work is a solemn incident for most people, so that there is a little doubt

that job security is seen by most people as an important aspect of descent work.

An Official Dartmouth web Page/Publication (2017) decision making is a procedure of making selection by discovering a decision, collecting information and evaluating choice of decision. There are different steps in decision making; identify the decision, gather relevant information, identify the alternatives, weigh the evidence, choose among alternatives, take action, review your decision and its consequences. United Nation High Commissioner for Refugees (2005) stated that self reliance is the social and economic capability of an individual, a family, or a community to attain important needs (including protection, food, water, shelter, personal safety, health and education).

Tongol (2017) there are some dreams that make us feel proud so that is why others chose to work while studying because they want to accomplish their even if it will be so hard for them. It also says that you do not have to listen to others and you do not even need their approval, what matter most is how you see and believe in yourself as long as you are not doing something wrong.

Ryan (2009), self determination is a human motivation, development, well-being and personality, this concentrate especially on making decision or choices that the social and cultural conditions promote it. Self determination describes individual differences in how people familiarize the different aspect of the environment in regulating behavior and acts with conformity. It is also used to clarify how lead stimuli start the certain orientation in people affecting posterior motivation. Self determination demonstrate that the more independent motivation the greater their endurance, performance and well being at an activity.

According to K. Fosnacht, students may experience financial problem through a variety of reasons. The most

obvious is the cost of attending college. And there are instances that the parent has no longer to support their child college expenses or they didn't even contribute to their child education so that the student increasing their responsibilities for paying their college expenses. Students may also experience stress for balancing their school and work responsibilities. While above the research financial problems is the common reason why there is a undergraduate so that you can see the impact or the role of money in the field of education.

Generally, the study aimed to determine how the participants pursue their dream for a college despite the challenges of being a lifelong learner. Specifically, it aimed to seek answers to the following questions, What are the possible circumstances and challenges that a lifelong learner might encounter? How do DHVTSU Sto Tomas Campus student-participants adjust on their multiple obligations at the same time in terms of: Work; Family; School? What is the top priority of the student participants from their multiple obligations (work, family, school) and why?

The study is significant to the school administration in promoting a conducive environment for lifelong learners by providing considerate class schedules and programs that may help them in pursuing their visions in life.

The study is beneficial to the school administration in maintaining a good image through accepting lifelong learners without discrimination with full consideration.

The study is significant to other DHVTSU Sto.Tomas Campus students since this study will help them to understand that being lifelong learners is not easy. Other students may extend help by understanding their situation and give them motivation in continuing their studies for their goals.

The study is significant to the out of school youths because it serves as an eye opener for them to understand and

realize that there are lot of ways to continue their studies and pursue their dreams.

The study is significant to lifelong for them to realize that the challenges they face is also being experienced by other lifelong learners.

This study is significant to the family of lifelong learners which serve as their inspirations and motivation in spite and despite of their hardships in working they can still manage to continue their dreams in life by studying at the same. Their families will soon appreciate the fruit of their labour when these lifelong learners will become successful someday.

The families of lifelong learners will then understand the challenges of their family members who are having multiple obligations and eventually support them all the way.

This study is significant to the upcoming researchers to serve as their guide and basis for their future study related to the topic. They may be able to improve and continue what the researchers have done to the study.

The researchers conducted a study in DHVTSU Sto Tomas Extension Campus to determine the experiences of lifelong learners.

The researchers focused the study on the work, family and school balance and the possible challenges of lifelong learners particularly at DHVTSU Sto. Tomas Extension Campus.

The researchers selected the twelve first year lifelong learners; five (5) from BEED and seven (7) from BSBA who engaged themselves with multiple obligations at the same time; their works and their studies and their families. The researchers included the challenges that participants had encountered in pursuing their visions.

METHODS

Considering the aimed of investigating the challenges of the lifelong learners, a qualitative grounded theory research design was applied in the study. A grounded theory study focused inductively from a data theory that is provided from the data. The descriptions of what people experienced and sought to describe the perspective of the participant. In the words of Glaser (2009) employing a grounded perspective allows the researcher to make clear or easy to understand the importance of using a qualitative design that captures the challenges of lifelong learner's experiences at DHVTSU Sto. Tomas Extension Campus.

The researchers made used of in-depth interview to promote assure data validity.

Interview was used deeply in gathering data and information requirements of the study. In- depth interview is a good way to gather information because it tend to be more structured therefore it requires more active intervention from the researchers.

The participants of the study were selected through purposive sampling technique. Since the research aims to distinguish on how to pursue their goals despite challenges of being a lifelong learner, only 12 participants were considered as possible participants. The participants of the study are the 12 lifelong learners in the BEED and BSBA department of DHVTSU Sto. Tomas Extension Campus having multiple obligations at the same time: workload, school works and family activities. Table 1 presents their profile.

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Participants	Course	Age	Status	Work
1	BEED	19	Single	Secretary
2	BEED	29	Married	Supervisor in a manufacturing company
3	BEED	20	Single	Service Crew
4	BEED	21	Single	Mc Donald's Service Crew
5	BEED	21	Single	Promodizer
6	BSBA	25	Single	Service Crew
7	BSBA	19	Single	Security Guard
8	BSBA	20	Single	Secretary
9	BSBA	21	Single	Sales lady
10	BSBA	19	Single	Sales Representative STL
11	BSBA	19	Single	Pump attendant
12	BSBA	19	Single	Chowking Team Leader

The data primarily came from lifelong learner answers which disclosed their challenges and how they maintain work, school and family balance in pursuing their dreams. The primary instruments for gathering data were the researchers. An Interview Guide was used to solicit relevant data from the participants. Said guide passed content validation by experts prior to its use.

The data were obtained through in-depth interview at the participant's most convenient time and place. The interviews were audio-taped with their prior content. Before the interview, the researchers asked permission from the participants for their active participation and cooperation in the study. The researchers also set an appointment for their most convenient time to the face to face interview with them. The researchers made sure that the interviewees were at ease and comfortable during the interviews.

They were asked to share their experiences as a lifelong learner of DHVTSU Sto. Tomas Extension Campus

All audio taped interviews were transcribed.

Data were organized for analysis.

The first procedure in analyzing the data involved identification of the key terms or concepts of meaning. From related key terms, categories or themes were formed. Each category was determined by a word or phrase that represents the essence of the themes. Consistency of each category is an indication of its importance and, thus was noted. Data were then elaborated through a narrative report.

FINDINGS AND DISCUSSIONS

Findings were organized in the following order.

Identification of possible circumstances and challenges that a lifelong learner might encounter; Adjustment on their multiple obligations at the same time in terms of: work, family, school; Top priority of the student participants from their multiple obligations (work, family, school)

The participants identified the circumstances and challenges of lifelong learners including time management, balance, importance of education, self determination, self dependence and importance of family.

The researchers were able to learn that the lifelong learners of DHVTSU Sto. Tomas Extension Campus students adopted extensive collection of adjustments on their multiple obligations. Findings showed that, dreams and aspirations, better future, better opportunity, work stability, basic needs, job experience, financial problem were among the adjustment on their multiple obligations.

The lifelong learners of DHVTSU Sto. Tomas Extension Campus students have common ways on how to maintain work, studies and family balance issues. Findings showed that, Time management, Self-dependent, Family Support were among their ways on maintaining work, studies, family balance issues.

Time Management. Time management was considered most significant answer to the ten participants.

Ok lang naman po. Stress lang po minsan sanay nap o kasi ako. Time management lang po para sa akin.(P1)
(Its just okay with me. I'm used to experiencing stress. It only takes time management to take care of it all.)

Ok lang po .kaya naman habang nagtatrabaho. Time management po. Pagkatapos ng pagaaral work naman po after work yun uwi sa bahay inaasikaso ang pamilya.(P2)
(Time management will address the other concerns after going to school-work and family afterwards.)

Syempre sobrang stress nakakapagod kelangan mong i balance yung time mo kelangan mo ng time management para magawa mo yung work mo at the same time hindi mo mapabayaan yung studies mo.(P4)
(It's very stressful, There is a need to balance your time in doing all these. Time management can make all these possible.)

Una ano, mahirap syempre kasi unang una malaking adjustment dati nag aaral lang ako tapos but then syempre naiisip ko din ko din na magtrabaho habang nag aaral pero bago kase yon nagwework pumapasok pos a school tapos actually graduated na talaga ako ng HRM kaso 2 years course lang tapos naisip ko na ituloy po yung study ko i BBS ko nalang sana sya kaso naisip ko nalang na magship nalang ako kaya nag education nalang ako unang una mahirap syempre malaking adjustment before hindi talaga ako nagtatarabaho pero nung nagtrabaho ako tapos nagwork diko alam pano imamamange yung time ko syempre time goes by yun namamanage ko naman sya kahit na mahirap.(P5)
(At first it was difficult, because I used to go to school only. But after I decided to find a job, I found it difficult to adjust. I did not find it easy to adjust. But as time when by I eventually was able to manage my time for these.)

Actually mahirap talaga balance lang sa time kasi ganito papasok ako ng 7pm sa trabaho tapos uuwi kame mga gabi. Papasok ako ng 7pm ng gabi sa trabaho tapos uuwi kami mga 7am para 7:30 nasa school na ko sa trabaho na ako naliligo ganon kaso ang mahirap lang pag nasa school ka na kalaban mo ay yung antok kasi mahirap talagang kalaban ang antok, pag may oras pa na natitira sa wrok dun ko na lang ginagawa yung homework pero minsan di ko na nagagawa.(P7)

(It is really difficult to balance my time. I go to work at 7pm and go home of 7am so I can go to school by 7:30am. It is difficult to focus on my studies because of lack of sleep. It time permits, I do my homework at the workplace, if ever possible.)

Yung oras mo lang kung papaano mo yun pagbabalansihin tska yung trabaho ko kasi half-day lang kung meron naman activity sa school pinapayagan naman tsaka pwede naman di pumasok. (P8)

(It is simply how you manage your time for school and work. It a good thing that my job entails only half-day schedule. In fact if there are school activities, I can always ask to be excused from work, and the management allow it.)

So ganito kasi yan lumaki kasi ako sa simpleng pamumuhay lang and then pangarap ko talagang makapagtapos ng pag-aaral kaya yung opportunity na ibinigay sakin ng ate ko ayon grinab ko na sya parang yun nalang kasi yung magandang opportunity talaga na pwede ko ng igrab para makapag-aral ng college yun yung ano habang nag-aral ako nagtatrabaho ako sa kanya.(P9)

(I was brought up in a simple living environment, It was my dream of finishing school, that is why when my sister ask me to work for her, I grabbed the opportunity that I can go to school while working for her.)

Time management is not very difficult as a concept, but it's surprisingly hard to do in practice. It requires the investment of a little time upfront to prioritize and organize yourself. Among

the 12 participants 10 of them believed that time management is the key in dealing with working and studying at the same time. On the other hand, 2 among the participants believed that balance is also a factor to consider in dealing with working and studying at the same time.

Importance of education. Importance of education was given priority by majority of the participants.

Gusto ko po kasi maging teacher talaga. Gusto kop o magturo sa mga bata at kahit sa mga street children.(P1)

(I really wanted to be a teacher. I like teaching children, even street children.)

Nagdisisyon po ako na mag aral ulit para sa future po ng anak ko at sa pamilya naman para matayo naming ng sarili naming paa ng asawa ko.(P2)

(I decided to go to school again for the future of my children, and for me and my husband to be able to stand on our own.)

May pangarap din ako sa buhay gusto ko din maging professional(P3)

(I have this dream if become professional.)

Ah syempre lahat naman tayo kelangan natin ng trabaho pero mas priority ko yung school. Just like nung Buwan ng wika or nung Intrams natin mas pinariority ko yung school natin kesa yung dun sa work kase alam ko naman na mas maganda yung maiibigay ng school sa akin.(P4)

(All of us need to have a job, but I prioritize going to school. I prepared joining activities like “Buwan ng Wika”or Intramurals games than go to work because I know it will be more beneficial this way.)

Lahat naman tayo gusto naman sigurong matupad yung mga pangarap natin kaya na gano kahirap yung buhay kahit nagtatrabaho na tayo iba parin yung nag aral talaga.(P4)

(All of us want our dreams fulfilled, that is why even though its difficult, it is still important that we go schooling while having a job.)

Syempre studies, kase yung work nanadyan lang yan e tsaka nakakapagpaalam ka naman siguro a head of time kapag kunware tulad ng school activities tulad nung intramurals a head of time nagpapaalam muna ko sa trabaho na ganito yung schedule sa school ipinapriorities din naman nila. Ok lang na di kumita that day.(P5)

Ano, bakit nga ba? Syempre gusto ko meron akong degree iba parin talaga kase pag may degree ka kapag degree order ka tapos syempre yon siguro a brighter future din mas maganda syempre.(P5)

(I want to have a degree, and if you have one your future will be brighten.)

Syempre disisyon talaga yon pinag isipan kuna talaga dati pa nung naistop, nung naggraduate ako, sabi ko graduate nako ok na pero habang ano syempre 2years cours lang kase ako associate degree in HRM nung naggraduate ako tapos naisip ko na bat diko ituloy yung gusto ko kasi kung degree older ka talaga gusto ko yung ganon tapos matagal ko ding pinagplanuhan syempre hindi naman ganon kadali syempre financially kae hindi ko na tapos yon naisip ko na mag endroll dito sa DHVTSU.(P5)

(I wanted to have a college degree. I have already finished a 2-year course as an associate in HRM. I thought and plan to finish the 4-year course that is why I enrolled at DHVTSU because of financial difficulties.)

Gusto kop o kasing yumaman at syempre nakakaawa naman ang magiging anak ku kung ganito lang ang trabaho ko di pa ko kuntento sa ganito gusto ko mas tumaas pa ng tumaas yung may degree. (P10)

(I wanted to be financially well-off for the sake of my future children. It's not enough that I have this lowly present job, what I want is a degree.)

The participants believed that importance of education will lead them to become successful someday. They give priority to their studies when it happens that school activities or requirements would be in conflict with their work.

Proper Decision Making. The decision of continuing their studies while working is a well thought of plan.

Nagdisisyon po ako na mag aral ulit para sa future po ng anak ko at sa pamilya naman para matayo naming ng sarili naming paa ng asawa ko.(P2)

(I decided to continue schooling for the future of my child, and for me and my husband to be able to stand on our own.)

Desisyon po yan na pinag isipan ng mabuti naming dalawa ng Mr ko.(P2)

(My husband and I have pondered on this very well.)

Syempre disisyon talaga yon pinag isipan kuna talaga dati pa nung naistop, nung nagrgraduate ako, sabi ko graduate nako ok na pero habang ano syempre 2years cours lang kase ako associate degree in HRM nung nagrgraduate ako tapos naisip ko na bat diko ituloy yung gusto ko kasi kung degree older ka talaga gusto ko yung ganon tapos matagal ko ding pinagplanuhan syempre hindi naman ganon kadali syempre financially kae hindi ko na tapos yon naisip ko na mag endroll dito sa DHVTSU.(P5)

Yun nga kahit sabihin man nila na meron na akong stable na work mas maganda pa din yung meron kang pinag-aralan kahit sabihin mo na mtaas yung sahod mo iba pa rin kapag meron kang diploma.(P8)

(I already have a stable job, but it is a diffirent feeling that you have earned a diploma.)

Proper decision making is one of the most important life skills to own most especially in attaining your dreams in life as stated by the participants.

Self-Reliance. Majority of the participants is self-dependent.

Ako lang po yung bago naman ako pumasok dito binigyan naman ako ng boss ko yung pera ko naman yon tinabi ko naman para may allowance ako yun na yung pagbaon ko nun.(P2)

Ako lang po yung bago naman ako pumasok dito binigyan naman ako ng boss ko yung pera ko naman yon tinabi ko naman para may allowance ako yun na yung pagbaon ko nun.(P8)

Some of the participants able to experience how to live on their own without help of other.

Familial race. Participants manifested a clear view about the importance of family I their lives.

Mas priority ko parin family ko kasi kung wala sila wala ako.(P6)

(My family is my priority because if not because of them I won't be here.)

Para makatulong sa family at para makatapos sa pag-aaral.(P6)

(To be able to help the family, and for me to finish schooling.)

Yes po family comes first po pero kailangan ko din pong tong pag aaral na to para rin sa kanila hindi lang para sa sarili ko.(P2)

(Yes family comes first that is why I need this education not only for myself but also for them.)

Kaya po nagtrabaho ako para pos a anak ko para sa pangangailangan niya at sa pangangailangan ng pamilya namin.(2)

(I have this job for the sake of my child and my family.)

Oo. Family first yun nga yung ginagawa ko nun inuna ko muna yung kuya ko para makapag-aral siya nun sinuportahan ko muna yung kuya ko kasi panganay naming siya.(P8)

(Yes family first. I gave way for my brother's education because he's the eldest in my brood.)

Matagal na kaya ako huminto kase financial problem kase may ate ako na college din, first year college kaya hindi kami pweding isabay kase mababa yung sahod ng magulang ko kaya nag decide akong mag stop muna. Ate ko muna mauna mag-aral.(P11)

Yung pamilya kase yung ano pinagkukuhanan mo ng lakas para makapag trabahoo.(P12)

Kase de pamilya nako noon kaya nagtatrabaho ako kaya naisipan lang ng sinabi lang sakin ng boss ko na mag aaral ako para tumaas pa yung posisyon kko sa trabaho.(P12)

There is a clear manifestation from the participants that Filipinos are really of familial race and maintain the value of close family ties and strong relationship together as one.

Dreams and Aspirations. Majority of the participants still aim for brighter future though they have already have jobs to sustain their basic needs.

May pangarap din ako sa buhay gusto ko din maging professional (P3)

Lahat naman tayo gusto naman sigurong matupad yung mga pangarap natin kaya na gano kahirap yung buhay kahit nagtatrabaho na tayo iba parin yung nag aral talaga.(P4)

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Para pag nakatapos ako much better anf opportunity.(P6)

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Para tumaas yung posisyon ko sa trabaho.(P12)

The participants believed that in order to have a work stability and better opportunity one must pursue his dreams and aspirations regardless of the financial problems that they encounter. It is just a matter of maintaining balance issues between work, studies and family.

CONCLUSIONS AND RECOMMENDATIONS

This chapter presents briefly the final outcome of the study. It includes the summary of the research process, summary findings, the conclusions and recommendations.

Generally, the study aimed to determine how the participants pursue their dreams despite challenges of being a lifelong learner.

Specifically, it aimed to seek answers to the following questions: What are the possible circumstances and challenges that a lifelong learner might encounter? How do Dhvtsu Sto Tomas Campus student-participants adjust on their multiple obligations at the same time in terms of: Work; Family; School? How do DHVTSU Sto. Tomas Extension Campus student-participants maintain work, studies and family balance issues? The researchers made used of in-depth interview to promote assure data validity.

Interview was used deeply in gathering data and information requirements of the study. In- depth interview is a good way to gather information because it tend to be more structured therefore it requires more active intervention from the researchers.

The researchers used purposive sampling technique in choosing the participants. Based from the sampling, the researchers found out that 12 participants were identified as lifelong learners with multiple obligations. 5 participants from BEED and 7 participants from the BSBA. The study was conducted at Don Honorion Ventura Technological State University.

After thorough examination of the findings, the following conclusions were established:

Lifelong learners encounter challenges in pursuing their dreams and the following are the challenges encountered by the lifelong learners:

- a. Lack of time
- b. Financial problem
- c. Lack of sleep
- d. Many school requirements
- e. Stress
- f. Time management
- g. Lack of support from the family
- h. Dealing with the superior in the work place

Despite of the above challenges, the lifelong learners have survived in balancing issues between work, family and school.

Lifelong learners adjust on multiple obligations by proper time management to give emphasized on the importance of education because it was given priority by the participants because in this way they can help their family financially in the future if they will be having work stability, better opportunity

and greener pasture will await them in the future if they will become successful in their studies.

From the multiple obligations they faced, their education was their top priority. They were willing to sacrifice their family and work for their schooling. They believed that giving-up their work and lacking time for their family were just temporary, for after finishing their degree, all the sacrifices they made will be all worthy.

Based from the findings and conclusions, an emergent conceptual framework of the challenges of lifelong learners at DHVTSU Sto. Tomas Extension Campus students was derived.



In view of the findings and conclusions, the study presents the following recommendations:

It is recommended that balance be maintained. There is a need to identify the challenges that life has to offer and how you deal with it along the way regardless of you are status as a student whether you are a lifelong learner or not. Proper time management between work, family and school should be maintained balance.

It is also recommended that education should be given priority in order to have a better opportunity and greener pasture in the future.

It also recommended that a well thought of plan should be required in every situation that we do especially in achieving our dreams and aspirations. It will serve as our guide in pursuing life has to offer us.

It is recommended that the school should have a full-time guidance counselor to regularly follow-up the lifelong learners so that in case they are facing difficulties, they will be guided and will not easily give up.

It is recommended that the school guidance counselor or adviser of the lifelong learners should conduct a home visitation in order for their family to understand the experiences being faced by the lifelong learners in this case the family will support them in their endeavour.

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